## Welsh Masters Athletics Limited

## Masters Track and Field League 2022

## Swansea 20 July 2022

Time	Track	Time	Field
1915	200	1845	Hammer
1935	800	1845	Pole Vault
1940	3000	1945	Triple Jump
2015	4x100	1945	Discus

- 1 all entries through BMAF Opentrack only; close Sunday 17 June midnight
- 2 relay entries from among those already entered for other events on the night
- 3 men and women will be competing together for field events
- 4 races will be seeded after entries have closed